

Course Goals

- Correctly recognize and diagnose BDD
- Provide information on the medication most commonly used to treat BDD
- Recognize treatment challenges of BDD
- Introduce “Crooked Mirrors” a novel treatment method proposed in the treatment of BDD
- Describe the implications of BDD as they apply in a plastic surgery practice

Conference Schedule

9:00-10:00	Registration
10:00	Greetings <i>Hilary Zurbuch, MS</i> <i>Vice President, Obsessive Compulsive Foundation of Western Pennsylvania</i>
10:15	Introduction to BDD <i>Eda Gorbis, PhD</i>
11:15	Overview of Medication Used in the Treatment of BDD <i>Alicia Kaplan, MD</i>
12:00	Lunch
12:45	Overview of Behavior Therapy Used in the Treatment of BDD <i>Eda Gorbis, PhD</i>
2:15	Break
2:30	BDD in the Practice of Plastic Surgery <i>Dennis Hurwitz, MD</i>
2:45	Panel Discussion and Questions
3:15	Feedback and Program Evaluation
3:30	Adjournment

The OCFWPA believes that well informed patients and their families are better able to participate in the treatment of their disorder and invite them to attend.

Continuing Education Credit

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Pittsburgh School of Medicine and Obsessive Compulsive Foundation of Western Pennsylvania. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this educational activity for a maximum of *4.5 AMA PRA Category 1 Credits™*. Each physician should only claim credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.4 continuing education units (CEU's) which are equal to 4.5 contact hours.

This program is co-sponsored by Western Psychiatric Institute and Clinic and the Obsessive Compulsive Foundation of Western Pennsylvania. Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 4.5 continuing education credits.

This program is offered for 4.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

DISCLAIMER STATEMENT

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Faculty

Eda Gorbis, PhD, MFCC is an Assistant Clinical Professor of Psychiatry and Biobehavioral Sciences at the UCLA School of Medicine, and the Director of the Westwood Institute for Anxiety Disorders, Inc. She has successfully treated numerous patients from many parts of the world suffering from severe OCD, BDD and other Anxiety Disorders. For the past eight years, she has served on the Scientific Advisory Board of the International OCD Foundation, and is an active member of the Anxiety Disorders Association of America. Additionally, she has been featured in the media numerous times for her expertise on such programs as: MTV's True Life, ABC News 20/20, NBC Today Show, and most recently, on the Discovery Health channel.

Alicia Kaplan, MD is Assistant Professor of Psychiatry, Drexel University College of Medicine, at Allegheny General Hospital, where she is an outpatient adult psychiatrist, actively pursuing research into the psychopharmacology of Anxiety Disorders. She serves on the Scientific Advisory Board of the Obsessive Compulsive Foundation of Western Pennsylvania.

Dennis Hurwitz, MD is a board certified Plastic Surgeon and a Clinical Professor of Surgery at the University of Pittsburgh School of Medicine. He maintains a private practice here in Pittsburgh and actively participates in the University of Pittsburgh Plastic Surgery Residency Program. He has extensive experience in aesthetic surgery and body contouring surgery.

FACULTY DISCLOSURE

Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of non-profit or government organizations and non-health care related companies

SPECIAL NEEDS

Participation by all individuals is encouraged. Advance notification of any special needs will up provide better service. Please notify us of your needs at least two weeks in accordance by calling (412) END-OCD1.

Understanding, Recognizing and Treating Body Dysmorphic Disorder

First Name

Last Name

Organization

Address

City

State

Zip

Email

Basic Tuition

- \$30 OC Foundation of Western PA members
 \$45 Non-Members

Additional Fees

- \$20 Continuing Education Certificate
- MSW LMFT LPC LCSW
 Psychologist Nurse MD
- \$10 Day of Conference Registration Fee

*Please note that we can only accept cash or
check for payment on March 11.*

No refunds will be issued after March 9, 2011.

Or you can register online at
www.ocfwpa.org

OCFWPA
PO Box 81648
Pittsburgh, PA 15217



UNDERSTANDING, RECOGNIZING AND TREATING BODY DYSMORPHIC DISORDER

Friday, MARCH 11, 2011
10:00 AM to 3:30 PM

SOUTHPOINTE HILTON GARDEN INN
Canonsburg, PA

Presented By

 Obsessive
Compulsive
Foundation
of Western Pennsylvania

Sponsored By

University of Pittsburgh
School of Medicine
Center for Continuing
Education in the
Health Sciences
and
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